**Volleyball Camp at Westminster:**

Throughout this week I have done numerous things, and within those things is a volleyball camp. The volleyball camp I went to was at a school in Miami called Westminster Christian School and the first session which was the only one we assisted lasted from Monday to Thursday. In this four days, the coaches wanted to teach those who did not know and review with those who did, the techniques used in volleyball. Techniques used to pass, set, spike, and sliding techniques. As the coaches went over this, we noticed that they used techniques slightly different from the ones we use here. As we reviewed the techniques, the coaches prepared games that would allow us to practice the techniques taught, and to use them properly. Finally, the last day we played the three hours the class lasted. We played different games such as queen of the court, relay races, one on one competitions, etc.